

Exceptional Healthcare

That Puts You First





ABOUT METRO

Metro Group of Hospitals was founded in 1997 by the legendary Dr. (Prof.) Purshotam Lal (Padma Bhushan, Padma Vibhushan and Dr. B.C. Roy National award winner) with a vision to provide top-notch healthcare facilities to people from all walks of life.

With core values of excellence, empathy, technology, integrity and teamwork, we strive to deliver world-class services that prioritize quality, safety and compassion. Our comprehensive range of specialty services cater to the health and wellness needs of all segments of society, including the lower income group. With state-of-the-art technology and a warm, welcoming environment, we provide exceptional care that can make a positive difference in people's lives.

Dr. (Prof.) Purshotam Lal

Padma Bhushan, Padma Vibhushan &
Dr. B.C. Roy National Awardee
Chairman, Metro Group of Hospitals

Internationally & nationally acclaimed
Interventional cardiologist, pioneered
over 20 cardiac procedures and
performed them for the 1st time in India



MOST DECORATED CARDIOLOGIST OF THE COUNTRY

World's 1st TAVI with Core Valve
(Also 1st to publish papers in
national & international
medical journals)

**World's 1st case of Non-surgical
closure of hole (ASD) using
Monodisk (a nylon mesh device)**

**Recognised as "Father of
Interventional Cardiology in India"**
by International doctors &
The Week Magazine

Awarded by "**Distinguished
Achievement Award of Highest
Order**" by IMA (National)

**Listed in Limca Book of
Records** on multiple
occasions

Awarded with
"Lifetime Achievement Award"
by DMA, TOI, Dainik Jagran & HPIE 3.0

JOURNEY OF 27 YEARS OF HEALING HEARTS AND CHANGING LIVES



1997
Founded Metro Group of Hospitals through Metro Heart Institute at Noida



2003
Dr Lal got conferred with Padma Bhushan by the president of India



2004
Dr Lal awarded with Dr B C Roy National Award by President of India



1998
Metro Multispeciality Hospital, Noida



2002
Metro Heart Institute with Multispeciality, Faridabad



2004
Metro Heart Institute, Meerut



2009
Dr. Lal got conferred with Padma Vibhushan by the President of India



2006
Metro Cancer & Heart Hospital, Preet Vihar, New Delhi



2006 Metro Heart Institute, Pandav Nagar, Delhi

2010
Metro College of
Health Sciences &
Research,
Greater Noida



2010
Metro Hospital &
Research Institute,
Vadodara



2010
Metro Hospital &
Research Institute,
Vadodara



2012
Metro Hospital,
Jaipur



2013
Metro Hospital,
Haridwar



2022
Metro Cancer Institute,
Faridabad



2024
Metro
University,
Greater
Noida



2026
Metro
Hospital,
Moga, Punjab



Mrs Punam Lal

Director - Metro Group of Hospitals

Mrs. Punam Lal, the Director of Metro Group of Hospitals & fondly called "Mother of Metro". Under her direction, Metro Group of Hospitals has become a pioneer in holistic healthcare and holds a strong presence throughout the healthcare sector.

Mrs. Lal earned her MA in Economics from Punjab University and her MBA degree from the United States. She has a thorough understanding of the industry, and her vision has helped Metro Hospitals become a strong, financially stable hospital organization.

Mrs. Lal is leading Metro Hospitals to turn into a technology-driven organization with a strong focus on making the hospital's world-class facilities future ready.

Having the heart of a real philanthropist, Mrs. Lal prioritizes individualized care & support and encourages the staff to resort to a patient-centric approach. She firmly believes in the importance of personalised care and believe in adopting the patient so as to make them feel as a family member.

She is a kind and compassionate person who is also directly invested in the well-being of her staff by making contributions helping them to meet their basic requirements.



Dr. Sonia Lal Gupta

MD, MBA, FACP
Director, Metro Group of Hospitals
Sr. Consultant Neurologist
Managing Director, Metro College of
Health Sciences and Research

Dr Sonia Lal Gupta is an US-trained, highly qualified, Board Certified Neurologist specialized in Headache Medicine and Vascular Neurology. She is a Visiting Professor at New York Medical College, USA.

She is board certified by 4 American Boards including Neurology, Vascular Neurology, Neurosonology and Headache Medicine which is a rare thing to achieve. She also did her MBA in Healthcare Management from George Washington University. After finishing her training and gaining working experience in US, she joined Metro Group of Hospitals as Director & Senior Neurologist.

She also manages Metro College of Health Sciences & Research as Managing Director. Since 2019, She has been playing an active role in transforming the hospital operations through strategic structural & functional changes.

She was awarded the "Neurologist of the Year" at the India Health and Wellness Summit by the Union Health Minister in December 2014 for her achievements and as an upcoming young achiever in the field of Neurology. She also received the Times Healthcare's "Young Achiever's Award" in 2017 by Dr. Lily Engineer from Johns Hopkins University.

She has been included in Times 40 Under 40 Exceptional Leaders of 2023 by the Times of India.



Dr. Sameer Gupta

MD, FACC, FSCAI, FACP
Sr. Consultant - Interventional Cardiologist
Group Director - Cardiac Cath Lab
Director - Metro Group of Hospitals

Dr Sameer Gupta is a US-trained & boarded, highly skilled interventional cardiologist who specialises in complex Interventional cardiovascular, structural heart and peripheral procedures. Dr Sameer is one of the few doctors in India who is certified by 5 American Boards - Internal Medicine (ABIM, USA), Cardiovascular Disease (ABIM, USA), Interventional Cardiology (ABIM, USA), Echocardiography (NBE, USA) and Endovascular Intervention (ABVM, USA).

He was awarded the status of "Extraordinary Ability and Achievement" by the United States Government in 2013. He has been given the prestigious status of "Fellow" by the American College of Cardiology (FACC) and Society of Cardiovascular Angiography & Intervention (FSCAI). After training & working for 10 years in US, he returned to India to deliver advance healthcare here in India.

He was awarded as "Young Achievers Award" in 2017 by Times Healthcare Awards.

He has been recently awarded with ET Leadership Excellence Award 2023 by Economic Times.

He routinely performs complex coronary, structural and peripheral vascular procedures on the arteries and veins of the entire body and cutting-edge cardiac procedures like Transcatheter Aortic Valve replacement and Mitral clipping.



Dr. Sahil Lal

MBBS, MBA (US)
Director - Metro Group of Hospitals

Dr. Sahil Lal, a dynamic healthcare professional, holds an MBBS degree from D Y Patil University, Pune, India, and an MBA in Healthcare Operations from the University of New Carolina's Kenan-Flagler Business School in the United States. Combining medical expertise with strategic business acumen, he has played a pivotal role in Metro Group of Hospitals' expansion.

As a visionary leader, Dr. Lal spearheaded the establishment of a cutting-edge medical and surgery center in Muscat, Oman, bringing world-class healthcare services to the Middle East. Additionally, he played a key role in setting up a state-of-the-art polyclinic in Cambodia, showcasing Metro Group's commitment to global healthcare excellence.

Beyond international ventures, Dr. Sahil Lal is actively involved in shaping the future of healthcare education with the upcoming Metro University. His dedication to nurturing the next generation of healthcare professionals reflects his commitment to advancing the field. Driven by innovation, he envisions Metro University as a hub for transformative research and education in healthcare.

Dr. Lal's tireless efforts and visionary leadership make him a driving force in the evolution of Metro Group of Hospitals, elevating its global presence and impact on international healthcare.

TRUSTED MEDICAL CARE YOU CAN COUNT ON

Experience the highest standards of
medical care with Metro Group of Hospitals



METRO HOSPITALS & HEART INSTITUTE
Sector-12, Noida



METRO HOSPITALS & HEART INSTITUTE
Sector-11, Noida



**METRO HEART INSTITUTE WITH
MULTISPECIALITY, Faridabad**



METRO CANCER INSTITUTE
Faridabad



METRO HOSPITAL & CANCER INSTITUTE
Preet Vihar, Delhi



**METRO RLKC HOSPITAL & HEART
INSTITUTE, Pandav Nagar, Delhi**



METRO HOSPITAL & HEART INSTITUTE
Meerut



METRO HOSPITAL & HEART INSTITUTE
Haridwar



METRO MAS HOSPITAL
Jaipur



METRO UMKAL HOSPITAL & HEART INSTITUTE, Rewari



METRO HOSPITAL & RESEARCH INSTITUTE, Vadodra



METRO COLLEGE OF HEALTH SCIENCES & RESEARCH, Greater Noida

Upcoming Projects



METRO UNIVERSITY
Greater Noida, UP

Coming up in 2024



METRO HOSPITALS & HEART INSTITUTE, Moga, Punjab

Coming up in 2026

International



MUSCAT PREMIER MEDICAL CENTRE
Oman

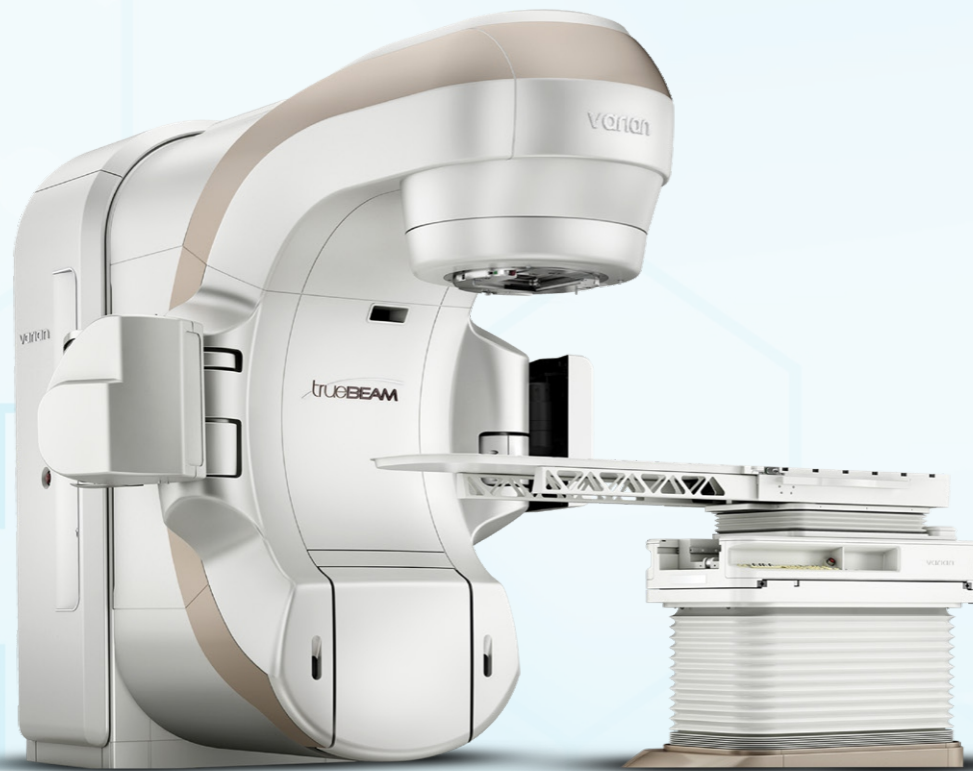


METRO RLV POLYCLINIC, Phnom Penh, Cambodia

TECHNOLOGY & INNOVATION

**Our technology isn't just cutting-edge,
it's life-saving.**

Truebeam Linac with Hyper Arc
(North India's 1st & only)



▶ 1.5 T MRI for
Advanced imaging

▶ ECMO & EBUS Facility

▶ Advanced &
Dedicated EP
Study Lab

Unleashing the Potential of PET CT

Advance | Precise

- ▶ State-of-the-art PET CT
-
- ▶ 128 Slice CT Scan (4D Dynamic Volume Equivalent)

The next generation
PET-CT



CENTRES OF EXCELLENCE

[Your journey to optimal health starts and ends with us]

Oncology

Cardiology &
Cardiac Surgery



Bone Marrow
Transplant



Liver &
Kidney
Transplant



Minimal
Access
Surgery



Gynae
Surgery
& IVF



Neuro
& Spine
Surgery



GI &
Bariatric
Surgery



Renal
Sciences



Aesthetics &
Reconstructive
Surgery



Orthopaedics
& Joint
Replacement





METRO HEART INSTITUTE PIONEERING HEART CARE SINCE 1997

Metro Heart Institute has revolutionized heart care in India since 1997, introducing over 20 innovative cardiac procedures and treating the most heart patients in the country. In 2003, we performed the world's first TAVI with Core Valve, Non Surgical ASD Case Showcasing our commitment to advanced and comprehensive heart care. With a focus on excellence and innovation, Metro Heart Institute continues to set the standard for heart care in India.

Highlights

- 24x7 availability of in-house Senior Cardiologist
- Angiography & Angioplasty
- Radiofrequency Ablation for Cardiac Arrhythmia
- Paediatric & Adult Cardiac Surgery
- Peripheral Interventions
- Vascular Surgery
- Minimally Invasive Cardiac Surgery
- Structural Heart Disease (includes heart hole closure, TAVI, Mitral Clips, LAA Closures etc.)
- Pacemaker, ICD, CRT-D, Arrhythmia Services and etc.

METRO CANCER INSTITUTE

EMPOWERING PATIENTS IN THEIR FIGHT AGAINST CANCER

Metro Cancer Institute provides holistic and integrated cancer care through a multi-modality approach. With world-class infrastructure, advanced technologies, and experienced cancer specialists, the institute delivers evidence-based cancer care tailored to each patient's needs.

Highlights

- North India's 1st & only TrueBeam with Hyper Arc for treating all sorts of cancers
- Most experienced team of cancer experts of the region
- Dedicated cancer units at Preet Vihar, Noida & Faridabad (350 bedded)
- Dedicated units for cancer day care
- Latest PET-CT, MRI, CT, Mammography
- Bone Marrow Transplant and Leukemia
- Surgical Oncology & Targeted Therapy
- Minimally invasive cancer surgeries with site specific surgeons
- Cancer Tumor Board for individualized treatment plan





METRO CENTRE FOR RESPIRATORY DISEASES BREATHING NEW LIFE INTO RESPIRATORY CARE

Metro Centre for Respiratory Diseases provides comprehensive respiratory care, from asthma managements to thoracic surgeries, with internationally trained respiratory experts and state-of-the-art facilities, including EBUS and Advanced RICU. Patients receive personalized care and compassionate support in a dedicated environment, as Metro Centre for Respiratory Diseases leads the way in respiratory care.

Highlights

- Pulmonary Function Lab/FENO/DLNO
- Treatment for COPD, Lung Cancers, Chronic Respiratory Failure
- Laparoscopic Assisted Thoracic Surgeries (VATS, Thoracoscopies, etc.)
- Tele & Pulmonary Rehabilitation
- Specialized clinics for smoking, severe asthma, lung transplant, allergy, sarcoidosis, ILD, Bronchiectasis
- Transbronchial cryo lung biopsy
- Bronchoscopy with EBUS
- Rigid Bronchoscopy
- Advanced RICU
- Sleep Lab
- Tumor Debulking
- Stenting (Endotracheal & Endobronchial)

METRO CENTRE FOR LAPAROSCOPIC & GENERAL SURGERY

PRECISION SURGERY,
FASTER RECOVERY, LESS PAIN

At Metro Centre for Laparoscopic & General Surgery, internationally trained surgeon with vast experience provide precision care. Using minimally invasive techniques, such as keyhole surgery, patients benefits from faster recovery, less pain, and minimal complications.

Highlights

- Bariatric & Metabolic Surgery
- Gall Bladder Stone Surgery
- Anginal/Incision/Ventral Adbominal Wall & Hernia Repair
- Laser Surgery for Pilonidal Sinus, Fistula, Piles & Varicose Veins
- Advanced Laparoscopic Surgery including Achalasia Cardia, GRED, Splenectomy, Inguinla & Ventral Hernia, Gastric Bypass
- Laparoscopic Advanced Biliary Surgery





METRO CENTRE FOR NEURO SCIENCES

WHERE COMPASSIONATE CARE MEETS CUTTING-EDGE TECHNOLOGY

With a team of International Trained neurosurgeons, neurologists, ICU intensivists, and rehabilitation specialists Metro Centre for Neuro Sciences offers state-of-the-art facilities for neurosurgical emergencies and all resources for brain and spine surgeries, including radiology support, a neurophysiology lab, modern operating theaters, and an intensive care units. Region's most advanced Stroke management unit with US certified Stroke experts.

Highlights

- Comprehensive Stroke Care
- IV Thrombolysis & Mechanical Thrombectomy
- Headache Medicine
- Movement Disorders including DBS
- Dementia & Epilepsy
- Neuromuscular Disorders
- Minimally Access Spine & Brain Surgery
- Brain Tumour Surgery
- Neurovascular Surgeries
- Endovascular Interventions
- Muscle Spasticity Surgery
- Paediatric Neurosurgery
- Brain & Spine Trauma Care

METRO INSTITUTE OF ORGAN TRANSPLANTS

RESTORING HOPE, RENEWING LIFE

We are committed to providing compassionate and comprehensive care to patients in need of organ transplantation. Our multidisciplinary team of experts offers patient evaluation, pre-transplant care, transplant surgery, and follow-up care. With state-of-the-art transplant ICUs, advanced laboratory facilities, and experienced staff, we ensure a hassle-free treatment and recovery process.

Highlights

Kidney Transplant

- Impeccable success rate
- Laparoscopically harvesting of Kidney
- Living, ABO incompatible & cadaveric kidney transplant

Liver Transplant

- Region's 1st & comprehensive Liver Transplant Centre
- ABO incompatible liver transplant
- Adult & paediatric liver transplant

Bone Marrow Transplant

- Dedicated Adult, Paediatric BMT
- Autologous / Allogenic / RIC / MUD Transplants
- CAR-T Cell enabled Cellular Therapy





METRO INSTITUTE OF GASTROENTEROLOGY, HEPATOBILIARY SCIENCES AND GI SURGERY

HEALING FROM THE INSIDE OUT

The Institute of Gastroenterology, Hepatobiliary Sciences and GI Surgery at Metro Group of Hospitals specialises in the prevention, comprehensive evaluation and treatment of the diseases of GI tract liver, pancreas and biliary tract. The Institute is backed by Gastroenterologists, Liver experts, supported by interventional radiology, nuclear medicine, surgical oncology, medical oncology, endocrinologist and nutritionist. The Institute is equipped with Endoscopy Suite, ERCP facility, Endoscopic Ultrasound & Fibroscan

Highlights

- Adult and Paediatric Gastroenterology and Hepatology
- Diagnostic and Therapeutic Upper & Lower GI Endoscopy
- All Pancreatic & Biliary ERCP Procedures
- GI & Hepato-Biliary Sciences
- Diagnostic and Therapeutic EUS
- Bariatric & Metabolic Surgery
- Esophageal & Gastric Surgery
- Hepato-Biliary Surgery
- Fibroscan
- Endoscopy & EUS

METRO CENTRE FOR RENAL SCIENCES

DEDICATED TO SAVE KIDNEYS

In a world where renal diseases are becoming increasingly common, Metro Centre for Renal Sciences is leading the charge in providing comprehensive care to patients suffering from kidney and urinary tract disorders. With a team of highly experienced nephrologists & urologists and state-of-the-art technology, the centre offers tailored treatment options and education to enhance the quality of life of renal patients.

Highlights

- Microscopic & Laser Surgeries for prostate & stone
- Lithotripsy
- Uro-Oncology
- Uro-dynamic Lab
- 24x7 state-of-the-art Haemodialysis unit
- Kidney Transplant
- Chronic Kindey Disease
- Peritoneal dialysis program (Manual & automated)
- Nephrectomy-Kindey Biopsy
- Kidney tumour & cancer
- Critical care Nephrology (SLED, CRRT, Endotoxin Filtration)





METRO INSTITUTE OF ORTHOPAEDICS & JOINT REPLACEMENT

QUALITY CARE AND RAPID RECOVERY

Metro Institute of Orthopaedics & Joint Replacement offers high end treatment facility for orthopaedics and joint-related conditions through state-of-the-art technology and internationally trained specialists. Our expert team provides reliable, high-quality care to help patients move beyond limits and achieve excellent outcomes, keeping pace with the demands of today's world.

Highlights

- Joint Replacement Surgeries (Knee, Ankle, Shoulder, Hip)
- Arthroscopic Surgeries (Knee, Hip, Elbow, Shoulder, Ankle)
- Deformity Corrections
- Complex Trauma & Fracture Management
- Paediatric Ortho Surgeries
- Sports Injury & Rehabilitation (ACL, PCL, RCT)

METRO CENTRE FOR MOTHER & CHILD

EMPOWERING WOMEN'S HEALTH WITH ADVANCED CARE

The Centre for Mother & Child offers comprehensive care for women & children. The Centre not only provides full care for the reproductive issues but also offers comprehensive neonatal and paediatric care with principles of modern medicine in a friendly environment. The Centre is equipped with experienced gynaecologists to perform advanced laparoscopic surgeries.

Highlights

- Laparoscopic Gynaecological Surgeries
- Gynae-Oncology
- Assisted-Reproductive Technology such as IVF-ET, ICSI, IUI
- Advanced Delivery Care
- High-risk Pregnancy
- NICU care
- Child care from newborn to adolescence
- Pediatric respiratory specialities and general pediatric opd
- Vaccinations & general pediatric care
- Specialised Clinics





METRO CENTRE FOR AESTHETICS AND PLASTIC SURGERY

ENHANCING YOUR BEAUTY, EMPOWERING YOUR CONFIDENCE

At Metro Aesthetics and Plastic Surgery, we offer a range of aesthetic surgeries including Facial Implants, Lip Augmentation, Breast Lift, Breast Enlargement/Breast Implants, Injectable Wrinkle fillers, Hair Restoration Surgery, Thigh/Buttock Lift, Brow Lift/Forehead Lift, Eyelid Surgery, and Post Bariatric Body contouring.

From repairing clefts to fixing fractured faces, we provide a wide spectrum of aesthetic and re-constructive surgeries. Our state-of-the-art technologies, like Vaser Liposuction for body contouring and ultrapulse Fractional Laser for facial contouring, make us a leading center of excellence in the field of aesthetic surgery.

Highlights

- Face, Breast & Body Aesthetic Surgery Procedures
- Pioneering technologies like Thermi RF, Vaser Liposuction Lasers, Spy Angiography
- Centre of Excellence for Craniofacial Surgery, Microsurgery, Head & Neck Cancer Reconstruction
- Facial Palsy, Breast Cancer Reconstruction, Diabetic Foot Ulcers, Migraine Surgery

AWARDS & ACCOLADES

**BEST
HOSPITAL OF
DELHI/NCR**

BY
**SIX SIGMA EXCELLENCE
AWARD 2022**

Ranked amongst

**One of the Best
Multi-Speciality
Hospital**

by The Week
Hansa Research
Survey 2022

Ranked amongst

**Top 10
Multi-Speciality
Hospitals of
Delhi/NCR**

by Times Healthcare
Rankings 2022

Best Intervetional

**Cardiology
Hospital of
the Year 2022**

of Pandit Deendayal
Upadhyay Excellence
Awards 2022

Ranked amongst

**World's
Greatest
Brands of 2015**

by Asia &
GC - Dubai

& many more...



INTERNATIONAL PATIENT SERVICES

At Metro Group of Hospitals, we understand that international patients seeking medical treatment in India deserve a tailor-made, exceptional experience. From the moment you touch down at the airport, we offer a seamless, white-glove service that ensures every aspect of your healthcare journey is world-class.

Our dedication to unparalleled standards extends from speedy registration to seamless discharge, so you can focus on your recovery in a warm, compassionate environment.



**CARE
BEYOND
BOUNDARIES**

ROAD TO RECOVERY.

Testimonials of Healing and Hope

“ A successful revision hip replacement at Metro Group of Hospitals with Dr. Ashutosh Shrivastava changed my life. His skilled and compassionate care inspired me, and the modern treatment facilities at the hospital gave me hope, I highly recommend Dr. Shrivastava and the team at Metro Group of Hospitals for top-quality medical care. ”

Aliou Ibrahima
Republic of Cameroon

“ I am a 35-year-old female from Australia Who was diagnosed with a breast fibroid tumor. My search for the best medical care led me to Metro Hospital, where I received exceptional treatment from Dr. Sangram Keshari Sahoo, Director - HOD & Senior Consultant, Surgical Oncology, Today, I am grateful to Dr. Sahoo and the Metro Hospital team for successfully treating my breast fibroid tumor. I highly recommend Metro Hospital to anyone seeking top-quality medical care with a human touch. ”

Cancer Patient
Sydney, Australia

“ I highly recommend Metro Hospital in India for medical treatment. The doctors are accommodating, responsive, and friendly. The support staff is always available and provides prompt assistance. I felt comfortable and well taken care of throughout my stay. If you're considering medical treatment in India, look no further than Metro Hospital. ”

John Bitrus
Nigeria

“ I am immensely grateful to Metro Hospital in Faridabad, India for providing exceptional care and treatment to my brother, a CKD patient, who underwent a successful kidney transplant surgery under the skilled hands of Dr. Ritesh Monga. From the very first day, the support staff of the hospital was extremely supportive and made us feel at home in a foreign land. I was pleasantly surprised by the high level of expertise and compassion displayed by the hospital staff. I would like to express my sincere thanks and appreciation to everyone at Metro Hospital for their outstanding service & for giving my brather a new lease on life. ”

Sabuj
Bangladesh

“ I recently had the privilege of being treated by Dr. Lal for a heart condition and I must say, I was extremely impressed with his professionalism and compassionate nature. He took the time to thoroughly examine my case and provided me with the best possible treatment. As a heart patient, it was comforting to know that I was in the hands of such a knowledgeable and caring doctor. I left the hospital feeling extremely satisfied with the level of care I received. ”

Syed Zarin Shah
Afghanistan

“ I am grateful to Dr. Vikram Dua and the team at Metro Hospital in Faridabad, India for their exceptional care during my Slip Disc surgery, Despite a failed spine operation in Iraq, Dr. Dua's patient-centric approach made all the difference. The surgery was a resounding success, and thanks to his expertise and the comprehensive support of the hospital staff, I have fully recovered and am now living a happy and healthy life, free from back pain. I highly recommend Metro Hospital to any one seeking world-class medical care. ”

Waleed
Iraq



HEALTHCARE • EDUCATION

INDIA

- Noida, UP • Faridabad, Haryana • Preet Vihar, Delhi
- Pandav Nagar, New Delhi • Haridwar, Uttrakhand
- Jaipur, Rajasthan • Meerut City, UP • Rewari, Haryana
- Vadodara, Gujarat • Greater Noida, UP

UPCOMING PROJECTS

- Metro Hospital – Moga, Punjab
- Metro University – Greater Noida

INTERNATIONAL

- Muscat Premier Medical Centre, Oman
- Metro RLV Polyclinic – Phnom Penh, Cambodia

**27 YEARS OF
HEALTH CARE**



11
Hospitals



2500+
Beds



600+
Doctors



3000+
Supporting
Staff



25 Lac+
Patients

For any assistance, please call: **8447 666 333**

www.metrohospitals.com